

Ibibazo Bikunze Kwibazwa ku Itegurwa ry'Urukingo rwa

COVID-19 (Byateguwe 11/4/2020)

Ese hari urukingo rwa SARS-CoV-2 (COVID-19) rwemejwe n'ikigo Gishinzwe Ubuziranenge bw'Imiti n'Ibiribwa (FDA)?

Oya, ntabwo ruraboneka. Ku itariki ya 30 Ukwakira 2020, inkingo eshatu zarabonetse ndetse rumwe muri zo rwamaze gukorerwa igeragezwa rya nyuma.

Ese ni ryari urukingo ruzaba tayari ndetse rukabasha no kugera ku baturage?

Ntabwo tuzi nyirizina igihe urukingo cyangwa inkingo zitandukanye zizabasha gusakazwa mu baturage; gusa, ikiraho ni uko ari muri uyu mwaka wa 2020 dusoza cyangwa mu ntangiriro za 2021.

Nonese niruboneka, leta ya New Hampshire izabasha kubona inkingo zingana gute?

Ikigo Gishinzwe Ubuziranenge bw'Imiti n'Ibiribwa(FDA) kikimara kwemeza urukingo cyangwa inkingo zitandukanye ndetse n'amabwiriza y'imikoreshereze yarwo atangwa na Komite Ngishwanama ku Budahangarwa n'Ubuziranenge (ACIP) y'Ibigo Bishinzwe Guhangana no Gukumira Icyorezo (CDC), umubare wagenwe w'inkingo uzahita utangira gutangwa. Urukingo ruzatangwa mu byiciro, icya mbere ku baturage bababaye cyane kurusha abandi, hakurikireho kurusakaza mu bandi baturage hakurikijwe uko zigenda ziboneka. Gutanga urukingo mu buryo buboneye ni ingirakamaro ku Ishami rya Leta ya New Hampshire Rishinzwe Serivise z'Ubuzima n'Imibereho Myiza y'Abaturage ndetse n'ifatwa ry'ibyemezo ku ikwirakwizwa ry'urukingo rizatangazwa mu mabwiriza ya leta hibandwa cyane mu mahame rusange y'ubuvuzi.

Ni gute nzamenya ko urukingo rwa COVID-19 rwizewe?

Uburyo bw'igeragezwa ry'urukingo ntabwo bwahindutse. [Gahunda yo Gukora no Gukwirakwiza Urukingo](#) yoroheje igeragezwa kugira ngo hihutishwe uburyo bwo kubona urukingo mbere na mbere binyuze mu nkunga yihuse, aho kugira ngo habeho amasezerano y'icyizere cy'ahazaza. Igihe cyo gukora urukingo cyaragabanyijwe, ariko uburyo busanzwe buri gukoreshwa harimo igeragezwa mu bitaro bikomeye, ku ngeri zitandukanye z'abaturage (harimo abakuze cyangwa abakiri mu myaka mito), ubugenzi bwigenga bw'Ikigo Gishinzwe Ubuziranenge bw'Imiti n'Ibiribwa (FDA) ndetse na Komite Ngishwanama ku Budahangarwa n'Ubuziranenge (ACIP) hamwe n'inzobere zazu zo mu gihugu.

Ese ndasabwa kuziyishyurira urukingo rwa COVID-19?

Oya. Urukingo ruzaba ruboneka ku buntu ku baturage bose b'Amerika hatitawe ku bwishingizi. Gusa ariko, abatanga urukingo bazajya baca amafaranga ya serivise zisanzwe zigenerwa uwageze ku biro, ndetse n'ubwishi bwazo bube mu nshingano z'umurwayi. Ariko kandi, ibigo by'bwishingizi, byaba ibya leta cyangwa ibyigenga bizishingira iki kiguzi. Ni byiza buri gihe kuvugana n'ababaha serivise z'ubuzima ku bijyanye n'ubwishi bw'iki kiguzi.

Nonese igihe ntafite bwishingizi?

Tubisubiremo na none, inkingo zizatangwa nta kiguzi. Urukingo rukimara kwemezwa, tuzatanga ibisobanuro birambuye ndetse n'amabwiriza ku badafite bwishingizi.

Ese hazaboneka inkingo zihagije kuri buri wese?

Yego rwose. Ku ikubitiro hazatangwa inkingo ziri ku mubare, ntabwo buri wese azahita abona urukingo icyo gihe. Urukingo rwa COVID-19 ruzahabwa abantu bafite ibyago biri hejuru byo kwandura. Hagendewe ku mabwiriza y'Ibigo by'Ighugu Bishinzwe Ubumenyi, Siyansi n'Ubuvuzi [Uburyo Buboneye bwo Gukwirakwiza Urukingo rwa COVID-19](#) icyiciro kizahabwa urukingo ndetse n'uburyo buboneye bwo kurutanga bwateguve neza na Leta ya New Hampshire.

Nigeze kurwara COVID-19. Ese ubwo nanje nzakenera gufata urukingo?

Ntabwo turabimenza. Ibindi bisobanuro birambuye bizatangwa igihe urukingo rwabonetse.

Ni hehe nzafatira urukingo?

Urukingo ruzajya ruboneka muri Leta ya New Hampshire ku bigo bitanga serivise z'ubuzima, farumasi, ndetse n'amavuriro yihariye atanga urukingo, hagendewe ku byago byo kwandura COVID-19.

Mfite farumasi. Ese nshobora kugira uruhare mu itangwa ry'urukingo?

Birashoboka. Turashimira ubusabe bwa buri wese burebana no gufatanya natwe gukwirakwiza urukingo rwa COVID-19. Leta ndetse n'imiryango itari iya leta bamaze kugena farumasi ahantu hatandukanye zizafasha mu kwihutisha kwegereza abaturage urukingo. Niba ufite cyangwa uyobora farumasi yigenga, twandikire kuri dhhs.pio@dhhs.nh.gov ku bindi bisobanuro birambuye ku bijyanye n'uburyo wajya mu batanga urukingo.

Ishami rya Leta ya New Hampshire Rishinzwe Serivise z'Ubuzima n'Imibereho Myiza y'Abaturage (DPHS) riri kwitegura gute gukwirakwiza urukingo igihe rwabonetse?

Muri aya mezi ashize, Ishami rya Leta ya New Hampshire Rishinzwe Serivise z'Ubuzima n'Imibereho Myiza y'Abaturage bumaze igihe bupanga uburyo buboneye kandi bwitondewe bwo gukwirakwiza urukingo rwa COVID-19. Uburyo bwo gukingira abaturage ba Leta ya New Hampshire— mu byiciro bushingiye ku byago byo kwandura, icyiciro runaka kigaragaza, byiganywe ubushishozi n'ibigo by'inzobere muri siyansi — nubwo hari abatabyumva. Ishami rya Leta ya New Hampshire Rishinzwe Serivise z'Ubuzima n'Imibereho Myiza y'Abaturage rizayobora iki gikorwa cyo gutanga urukingo ku bufatanye n'inzego z'ubuzima ndetse n'abandi bafatanyabikorwa, hazanagenderwa no ku bugenzuhi buboneye bw'inzobere ndetse hakirindwa kubogama. Umuhate ku myiteguro ugaragazwa no guhitamo neza amatariki ndetse n'ingano y'urukingo, kugena icyiciro cy'abaturage kizitabwaho mbere mu gihe ingano y'urukingo idahagije, kugena abatanga urukingo ndetse n'aho ruzatangirwa, guhugura ndetse no kongerera ubushobozi abatanga urukingo, gushyiraho ubukangurambaga, ndetse no kunoza uburyo bw'igenzura ry'iyi iki gikorwa hamwe n'umusaruro wacyo.

Imbaraga zidasanzwe zizakenerwa mu kugera ku baturage bafite ibyago byinshi byo kwandura ndetse no kurema icyizere abandi baturage bafite impungenge ku rukingo. Ishami rya Leta ya New Hampshire Rishinzwe Serivise z'Ubuzima n'Imibereho Myiza y'Abaturage rishishikajwe no gutegura neza igikorwa kikaba kiboneye kandi gikurikije amahame shingiro y'ubuvuzi, mu rwego rwo gusigasira icyizere cy'uru rukingo mu baturage.

Ni iki nakora mu gihe dutegereje urukingo?

COVID-19 ikomeje gukwirakwira mu miryango yacu. Ugomba gukomeza guhana intera n'abandi mutabana mu rugo kandi ukomeze kwambara neza agapfukamunwa/mazuru igihe guhana intera bidakunda. Igihe utameze neza, guma mu rugo kandi wihutire kwisuzumisha.

Ahandi wakura amakuru: [**Ikigo Gishinzwe Guhangana no Gukumira Icyorezo \(CDC\),**](#)
[**Ikinyamakuru cy'Ishyirahamwe ry'Abaganga muri Amerika \(JAMA\) ndetse**](#)
[**n'Ubufatanye ku Bukangurambaga ku Buzima Rusange.**](#)